

October 2023

"Excellence is the Expectation"

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Ham&Cheese on Hoagie M 4320 Tuna Salad Salad M3590 Chips, Ranch Doritos Carrots, Baby with Dip M58 50 Fresh Oranges M6775 Milk, LF White 1/2 pt, PF M 110 Milk, FF Choc 1/2 pint PF M120 Cookie, Sugar, Purch ENR M7560</p>	<p>3</p> <p>Chicken with Alfredo Sau M 3155 Chef Salad M3500 Green Peas, Canned M603 5 Toast, Garlic WW M7115 Strawberries, Frozen M694 5 Milk, LF White 1/2 pt,BoMS 1708 Milk, FF Choc 1/2 pt.Bo MS 1700</p>	<p>4</p> <p>Chicken Tenders Breaded M3190 Chef Salad, Elementary M3 505 Black-Eyed Peas Dry M551 5 Mashed Potatoes & Gravy Fresh Pears M6835 Milk, LF White 1/2 pt, PF M 110 Milk, FF Choc 1/2 pt.Bo MS 1700 Sauce, Variety, Dipping M8 175</p>	<p>5</p> <p>Chicken Fajitas USDA M32 30.1 Tuna Salad w/ Crackers M 3595 Rice, Fiesta, MS1345 Whole Kernel Corn, CND M6010 Tropical Fruit M6745 Milk, LF White 1/2 pt,BoMS 1708 Milk, FF Choc 1/2 pt.Bo MS 1700 Sour Cream PC M8115 Sauce, Taco. PC M8205</p>	<p>6</p> <p>Cheeseburger 2 oz.,US M4 100.1 Tuna Salad Salad M3590 Potato Rounds, Baked M60 95 Baked Beans, Spice Blend M5540 Tropical Fruit M6745 Milk, LF White 1/2 pt, PF M 110 Milk, FF Choc 1/2 pt.Bo MS 1700 Trimnings for Sandwich M 8290</p>
<p>9</p> <p>Holiday</p>	<p>10</p> <p>Holiday</p>	<p>11</p> <p>Steak Fingers, Baked M10 45 Tuna Salad Salad M3590 Mashed Potatoes & Gravy Green Peas, Canned M603 5 Broccoli Spears,Steamed MS1014 Tropical Fruit M6745 Milk, FF Choc 1/2 pt.Bo MS 1700 Milk, LF White 1/2 pt,BoMS 1708 Saltine Crackers, ENR,CR M7020</p>	<p>12</p> <p>Sloppy Joe on WW Bun M4 085 Chef Salad, Elementary M3 505 Fried Crinkle Cut Fries M61 15 Corn on Cob, 3 in.USDA, MC1024 Waldorf Trop Fruit Cup M6 755 Milk, LF White 1/2 pt,BoMS 1708 Milk, FF Choc 1/2 pt.Bo MS 1700 Saltine Crackers, ENR,CR M7020</p>	<p>13</p> <p>Meatballs, BBQ on Hotdog Bun Chef Salad, Elementary M3 505 Potato Rounds, Baked M60 95 Veg Juice, 4 oz. Asst. M61 90 Pineapple Tidbits M6890 Milk, LF White 1/2 pt,BoMS 1708 Milk, FF Choc 1/2 pt.Bo MS 1700</p>
<p>16</p> <p>Chicken Fajitas USDA M32 30.1 Corn on Cob, 3 in.USDA, MC1024 Rice, Fiesta, MS1345 Tropical Fruit M6745 Milk, LF White 1/2 pt,BoMS 1708 Milk, FF Choc 1/2 pt.Bo MS 1700 Sour Cream PC M8115 Sauce, Taco. PC M8205</p>	<p>17</p> <p>Shepherd's Pie, MC174 Chef Salad, Elementary M3 505 Green Beans, Canned, MS 1036 Roll, Whole Wheat Pur2oz M7140 Fruit Cocktail M6735 Milk, LF White 1/2 pt, PF M 110 Milk, FF Choc 1/2 pint PF M120 Saltine Crackers, ENR,CR M7020</p>	<p>18</p> <p>Pizza, Stuffed Crust M2040 Tuna Salad Salad M3590 Corn on Cob, 3 in.USDA, MC1024 Mixed Vegetables M5795 Fruit Cocktail M6735 Milk, FF Choc 1/2 pint PF M120 Milk, LF White 1/2 pt, PF M 110 Saltine Crackers, ENR,CR M7020</p>	<p>19</p> <p>Salisbury Steak w/Gravy M 1040 Chef Salad, Elementary M3 505 Cornbread 1 WG M7050 Rice, Brown M7090 Turnip Greens, Southern M 5640 Pineapple Cubes, Fresh M 6880.3 Milk, LF White 1/2 pt,BoMS 1708 Milk, FF Choc 1/2 pt.Bo MS 1700</p>	<p>20</p> <p>Mexican Pizza M2010 Tuna Salad w/ Crackers M 3595 Spicy Potato Wedges California Vegetables M578 5 Chilled Mandarin Oranges M6795 Milk, LF White 1/2 pt,BoMS 1708 Milk, FF Choc 1/2 pt.Bo MS 1700 Saltine Crackers, ENR,CR M7020</p>

23

Chicken Patty Sand Baked M4150
 Tuna Salad Salad M3590
 Glazed Carrots M5865
 Fried Straight Cut Fries M6160
 Chilled Peach Slices M6815
 Milk, FF Choc 1/2 pt.Bo MS 1700
 Milk, LF White 1/2 pt,BoMS 1708
 Mayonnaise PC Reduce Fat M8010
 Mustard, PC M8015
 Ketchup PC M8000

24

Red Beans & Rice/Sausage M2555
 Tuna Salad w/ Crackers M3595
 Yam Patties M5935
 Cornbread 2 WG M7055
 Fruit Juice, Frozen Cup M6650
 Milk, FF Choc 1/2 pint PF M120
 Milk, LF White 1/2 pt, PF M110

25

Corn Dog M4075
 Chef Salad, Elementary M3505
 Spicy Potato Wedges
 Baked Beans Vegetarian M5000
 Chilled Mandarin Oranges M6795
 Milk, FF Choc 1/2 pt.Bo MS 1700
 Milk, LF White 1/2 pt,BoMS 1708
 Giant Graham Goldfish Cookies

26

Beef -A- Roni M1165.2
 Chef Salad, Elementary M3505
 Roll, Whole Wheat Pur2oz M7140
 Field Peas, Frozen M6025
 Fresh Apple M6510
 Milk, LF White 1/2 pt,BoMS 1708
 Milk, FF Choc 1/2 pt.Bo MS 1700
 Saltine Crackers, ENR,CR M7020

27

Ham&Cheese on Hoagie M4320
 Tuna Salad Salad M3590
 Chips, Ranch Doritos
 Carrots, Baby with Dip M5850
 Fruitables Plus Juice, Red Veg
 Fresh Oranges M6775
 Milk, LF White 1/2 pt, PF M110
 Milk, FF Choc 1/2 pint PF M120

30

Nachos Grande M1075
 Tuna Salad Salad M3590
 Green Beans, Cut, CND M5745
 Fruit Slushes FRZ,Pouch M6655
 Milk, LF White 1/2 pt, PF M110
 Milk, FF Choc 1/2 pt.Bo MS 1700
 Salsa, Portion, USDA M5945.1

31

Spaghetti & Meat Sauce M1115.2
 Chef Salad, Elementary M3505
 Corn on Cob, 3 in.USDA, MC1024
 Roll, Whole Wheat Pur2oz M7140
 Tropical Fruit M6745
 Milk, LF White 1/2 pt,BoMS 1708
 Milk, FF Choc 1/2 pint PF M120
 Saltine Crackers, ENR,CR M7020

Only 1% low-fat and fat-free milk choices are offered.

Menus are subject to change due to the availability of food.

This institution is an equal opportunity provider.

Sep 18, 2023